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flowable material to a posterior zone of the disc space than to other regions of the disc space.

- 7. The method of claim 1, wherein the implant has a first end for engaging an insertion tool and a closed second end opposite the first end.
- **8**. The method of claim **1**, wherein the flowable material comprises osteocementum.
- **9.** The method of claim **1**, wherein delivering the flowable material comprises passing the material through an inlet opening of the implant after the implant is inserted into the ¹⁰ disc space.
- 10. The method of claim 1, wherein the intervertebral implant comprises a first intervertebral implant and wherein the method further comprises:

inserting a second intervertebral implant into the disc space 15 between the upper and lower vertebrae;

- delivering a flowable material into a cavity of the second implant to cause the flowable material to flow asymmetrically out of the second implant and into the surrounding disc space through openings formed in the ²⁰ second implant.
- 11. The method of claim 10, wherein the first and second implants are configured such that a lesser amount of flowable material emerges from the first and second implants in a portion of the disc space disposed between the first and second implants than in portions of the disc space not disposed between the first and second implants.
 - 12. The method of claim 10, wherein:

the first implant is configured to deliver an amount of material from a left side thereof and an amount of material from the right side thereof that is greater than the amount of material delivered from the left side;

the second implant is configured to deliver an amount of material from a left side thereof and an amount of material from the right side thereof that is less than the ³⁵ amount of material delivered from the left side; and

- the first and second implants are inserted into the disc space such that they are spaced a distance apart from one another and such that the left side of the first implant faces the right side of the second implant.
- 13. A surgical method, comprising:

inserting an intervertebral implant into a disc space between upper and lower vertebrae; and 6

- delivering a flowable material into a cavity of the implant to cause the flowable material to flow asymmetrically out of the implant and into the surrounding disc space through openings formed in the implant;
- wherein the openings in the implant are configured to automatically supply more of the flowable material to a posterior zone of the disc space than to other regions of the disc space.
- 14. The method of claim 13, wherein delivering the flowable material comprises delivering a greater amount of flowable material to a portion of the disc space on one side of the implant than to a portion of the disc space on an opposite side of the implant.
- 15. The method of claim 13, wherein the implant has a first end for engaging an insertion tool and a closed second end opposite the first end.
- 16. The method of claim 13, wherein delivering the flowable material comprises passing the material through an inlet opening of the implant after the implant is inserted into the disc space.
 - 17. A surgical method, comprising:

inserting an intervertebral implant into a disc space between upper and lower vertebrae; and

delivering a flowable material into a cavity of the implant to cause the flowable material to flow asymmetrically out of the implant and into the surrounding disc space through openings formed in the implant;

wherein the implant is configured to automatically supply more of the flowable material in a posterior direction than in other directions.

- 18. The method of claim 17, wherein delivering the flowable material comprises delivering a greater amount of flowable material to a portion of the disc space on one side of the implant than to a portion of the disc space on an opposite side of the implant.
- 19. The method of claim 17, wherein the implant has a first end for engaging an insertion tool and a closed second end opposite the first end.
- 20. The method of claim 17, wherein delivering the flowable material comprises passing the material through an inlet opening of the implant after the implant is inserted into the disc space.

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